

Table 6: Summary of overarching policy, systems and environmental priorities and planned action steps during the summit and reported stages of change, successes and challenges six months later by Region J-1

Area of Focus	Planned Action Steps	Time Frame	Stages of Change and Successes	Challenges
Access to services	<ul style="list-style-type: none"> • Develop employee wellness opportunities • Offer employee time off for screenings • Develop a Wellness Committee recognized by management 	Aug./ Sep. 2016	<p>Stage of change six months post-summit: Getting ready / currently implementing activities</p> <ul style="list-style-type: none"> • Working on developing a Wellness Committee recognized by management • Approved Well-Integrated Screening and Evaluation for WOMen Across the Nation (WISEWOMAN) program that gives discounts to access the swimming pool to consortium members and women • Presented recommendation for employee time off for colonoscopies to executive management committee <p>Stage of change one year post-summit: Getting ready</p> <ul style="list-style-type: none"> • Spoke with Chair of the Employee Wellness Committee to outline the strategy in presenting to the committee and Human Resources. Southcentral Foundation already has a wellness leave time as an administrative benefit as well as pays for swim classes for elders 	<ul style="list-style-type: none"> • Hard to get organizations to allocate funding towards employee wellness with limited budgets and high turnover • There is red tape, as each WISEWOMAN program is managed differently
Recruitment and retention	<ul style="list-style-type: none"> • Partner with high schools, colleges and professional schools • Offer focused trainings for providers • Identify opportunities for cross-training 	Aug./ Sep. 2016	<p>Stage of change six months post-summit: Getting ready / currently implementing activities</p> <ul style="list-style-type: none"> • Partnering with University of Alaska that has a program to provide in-home support and looking to create online courses on patient navigation as a framework for “peer navigators” or “home navigators” • Working with medical, nurse practitioner and physician assistant students to do monthly rotations in Alaska • Identified behavioral health as an opportunity for cross-training • Working on educating local providers to leverage their screening services • Looking to replicate the process of state-wise mapping of colorectal cancer resources, so Dr. Brooks, Managing Director, Cancer Control Intervention, American Cancer Society, visited to inform that effort <p>Stage of change one year post-summit: Not ready</p> <ul style="list-style-type: none"> • Working on some myth busters and provider education training 	<ul style="list-style-type: none"> • High staff turnover in rural areas • Unique service area and geography • Takes time and effort
Continuity of services; linking prevention to care	<ul style="list-style-type: none"> • Utilize unique partners • Use updated technologies (mapping) • Strengthen comprehensive cancer control, breast and cervical cancer and colorectal cancer partnerships statewide 	Aug./ Sep. 2016	<p>Stage of change six months post-summit: Currently implementing activities / maintaining or evaluating activities</p> <ul style="list-style-type: none"> • Identified and built relationships with unique partners • Mapped breast and cervical cancer screening resources • Built unique partnerships such as the Young Women’s Christian Association <p>Stage of change one year post-summit: Currently implementing and evaluating activities</p> <ul style="list-style-type: none"> • Presenting on the Geographic Information System mapping project at the CDC Cancer Conference in August 	<ul style="list-style-type: none"> • Partnership can be difficult to build because they don’t have the same focus • Unique service area and geography • Finding new partners